3.pielikums

**Aktīvās novecošanas indekss**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **INDICATOR** | **SUGGESTED VARIABLE** | **POSSIBLE SOURCE** | **2005** | | | **2015** | | | **2020** | | | **DATA SOURCE** |
| **TOTAL** | **MALE** | **FEMALE** | **TOTAL** | **MALE** | **FEMALE** | **TOTAL** | **MALE** | **FEMALE** |
| 1.1. Employment rate for the age group 55–59 | Same as indicator | Labour Force Survey | 61.7 | 66.3 | 58.2 | 70.3 | 69.0 | 71.3 | 76.2 | 75.9 | 76.4 | Eurostat |
| 1.2. Employment rate for the age group 60–64 | Same as indicator | Labour Force Survey | 35.1 | 40.3 | 31.5 | 46.7 | 48.9 | 45.0 | 60.8 | 62.5 | 59.5 | Eurostat |
| 1.3. Employment rate for the age group 65–69 | Same as indicator | Labour Force Survey | 17.9 | 26.1 | 12.7 | 17.6 | 19.8 | 16.1 | 28.0 | 30.8 | 26.1 | Eurostat |
| 1.4. Employment rate for the age group 70–74 | Same as indicator | Labour Force Survey | 7.6 | 12.1 | 5.3 | 10.5 | 14.6 | 8.2 | 11.3 | 10.7 | 11.6 | Eurostat |
| 2.1. Voluntary work by older adults (aged 55+) | Percentage of older population (aged 55+) providing unpaid voluntary work through the organizations (at least once a week) | Relevant survey | – | – | – | 1.4 | 0.8 | 1.7 | 4.4  (2018) | – | – | EQLS |
| 2.2. Care to children, grandchildren by older population (aged 55+) | Percentage of older population (aged 55+) who provide care to their children and grandchildren (at least once a week) | Relevant survey | – | – | – | 31.3 | 22.9 | 36.1 | 27.5  (2018) | – | – | EQLS |
| 2.3. Care to older adults by older population (aged 55+) | Percentage of older population (aged 55+) providing personal care to elderly or disabled relatives (at least once a week) | Relevant survey | – | – | – | 10.6 | 6.9 | 12.8 | 27.8  (2018) | – | – | EQLS |
| 2.4. Political participation of older population (aged 55+) | Percentage of older population (aged 55+) taking part in the activities or meetings of a trade union, political party or political action group, or signing petitions, including email and online petitions | Relevant survey | – | – | – | 11.8 | 9.1 | 13.4 | 7.4  (2018) | – | – | EQLS |
| 3.1. Physical exercise for older adults (aged 55+) | Percentage of people aged 55 years and older undertaking physical exercise or sport almost every day | Relevant survey | – | – | – | 12.0 | 11.5 | 12.2 | 12.2  (2018) | – | – | EQLS |
| 3.2. Access to health and dental care (for those aged 55+) | Percentage of people aged 55 years and older who report **no unmet need** for medical and dental examination or treatment during the last 12 months preceding the survey | Relevant survey | 68.4 | 68.0 | 68.7 | 68.4 | 69.2 | 67.9 | 71.8  (2018) | – | – | SILC |
| 3.3. Independent living arrangements (for those **aged 75+)** | Percentage of people aged 75 years and older who live in a single household alone or in a couple household | Relevant survey | 72.3 | 72.8 | 72.2 | 73.9 | 73.1 | 74.2 | 75.7  (2018) | – | – | SILC |
| 3.4. Relative median income (for those **aged 65+)** | Ratio of the median equivalised disposable income of people aged 65 and above to the median equivalised disposable income of those aged below 65 | Income and living conditions statistics / relevant survey | 75.0 | 77.5 | 73.3 | 65.4 | 71.4 | 61.9 | 63.5  (2018) | – | – | Eurostat, SILC |
| 3.5. No poverty risk (for those **aged 65+)** | 100 – Percentage of people aged 65 years and older who are at risk of poverty (using the 50 per cent of median income threshold) | Income and living conditions statistics / relevant survey | 92.3 | 94.7 | 91.1 | 83.6 | 90.0 | 80.6 | 81.7 | 89.5 | 67.7 | Eurostat, SILC |
| 3.6. No severe material deprivation (for those **aged 65+)** | 100 – Percentage of people aged 65 years and older who are severely materially deprived (having an enforced inability to afford at least 4 out of the 9 selected items\*) | Income and living conditions statistics / relevant survey | 50.5 | 58.0 | 46.9 | 81.8 | 84.9 | 80.3 | 91.2 | 93.5 | 89.9 | Eurostat, SILC |
| 3.7. Physical safety (for those aged 55+) | Percentage of people aged 55 years and older who are feeling very safe or safe to walk after dark in their local area | Relevant survey | – | – | – | – | – | – | 41.9  (2018) | – | – | ESS |
| 3.8. Lifelong learning (for those aged 55–74) | Percentage of people aged 55 to 74 who stated that they received education or training in the four weeks preceding the survey | Labour Force Survey | 1.5 | 0.6 | 2.1 | 1.7 | 0.9 | 2.3 | 2.0 | 1.1 | 2.6 | Eurostat |
| 4.1. Life expectancy at age 55 | Same as indicator | Demographic statistics: Life Expectancy estimates | 21.7 | 17.8 | 24.9 | 24.1 | 20.1 | 27.2 | 24.7  (2019) | 20.9 | 27.7 | Eurostat |
| 4.2. Healthy life expectancy at age 55 | Same as indicator | Healthy life expectancy estimates | 9.4 | 8.7 | 10.0 | 8.5 | 7.8 | 9.0 | - | - | - | Eurostat |
| 4.3. Mental well-being (for those aged 55+) | An index that measures self-reported feelings of positive happy moods and spirits | Based on WHO ICD-10 measurement | – | – | – | 51.5 | 56.2 | 49.0 | 68.3  (2018) | – | – | EQLS |
| 4.4. Use of ICT by older adults (aged 55–74) | Share of people aged 55 to 74 using the Internet at least once a week | ICT Survey or any other relevant survey | 8.0 | 10.0 | 6.0 | 47.0 | 46.0 | 47.0 | 49  (2018) | – | – | Eurostat |
| 4.5. Social connectedness of older people (aged 55+) | Share of people aged 55 or more that meet socially with friends, relatives or colleagues at least once a week | Relevant survey | – | – | – | – | – | – | 38.9  (2018) | – | – | ESS |
| 4.6. Educational attainment of older people (aged 55+) | Percentage of older persons aged 55 to 74 with upper secondary or tertiary educational attainment | Labour Force Survey / general statistics on educational attainment by age groups | 63.7 | 62.4 | 64.7 | 86.1 | 85.3 | 86.6 | 92.0 | 91.0 | 92.8 | Eurostat |